



# Watch for Mindful Menu Selections...

Look for the  
Wellness and You  
symbol to find your way  
to better nutrition..

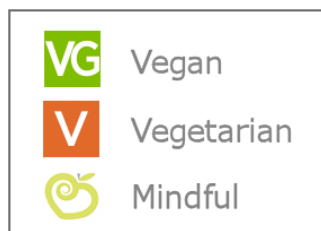
*Celebrate American Heritage  
Month!!*

## Hours

Breakfast 6:30 am - 10:00 am  
Closed 10:00 am - 11:00 am  
Lunch 11:00 am - 2:00 pm  
Grill/Pizza 2:00pm- 4:30 pm  
Dinner 4:30 pm - 7:00 pm  
Grill/Pizza 7:00 pm - 11:00 pm  
Closed 11:00 pm - Midnight  
Late Night 12:00 am - 2:00 am

## Managers

Scott Collett /General Manager  
469-5139  
Victoria Berube/Patient Services  
469-7240  
Pam Molett/Clinical Nutrition  
434-4508  
Russ Beekman/Retail Manager  
469-7296  
Lisa Rivera/Chef Manager  
469-5163  
Deb Carter/Retail Supervisor  
469-7049  
Ray Carrasco/Retail Supervisor  
434-4800  
Tim Minor/Kitchen Supervisor  
469-5163



# BAPTIST BISTRO CAFE

Week of Monday March 12

## Monday

Soup:	Homestyle Chicken and Rice Soup	1.69
	Cabbage and White Bean Soup	1.69
Entree:	Basil Parmesan Chicken Thigh	3.29
	Eggplant Parmesan	4.29
Side Dish:	Green Beans with Red Pepper & Garlic	1.09
	Steamed Cauliflower	1.09
	Rigatoni with Parsley	1.09
	Broccoli Rice Casserole	1.09
Action Station:	Roast Beef w/Baked Potato & Asparagus	5.99

## Tuesday

Soup:	Louisiana Chicken and Andouille Gumbo	1.69
	Homestyle Cream of Potato Soup	1.69
Entree:	Meat Lasagne	3.39
	General Tso's Chicken	3.49
Side Dish:	Swiss Chard Saute	1.09
	Balsamic Grilled Yellow Squash	1.09
	Lo Mein Noodles	1.09
	Garlic Bread	.79
Action Station:	Nachos Supreme with Beef or Chicken	5.99

## Wednesday

Soup:	Turkey and Black Bean Chili	1.69
	Cream of Fresh Broccoli Soup	1.69
Entree:	Herb Baked Chicken	3.29
	Extra Crispy Fried Chicken	3.29
	Tuna Noodle Casserole with Topping	3.29
Side Dish:	Four Cheese Creamy Mac & Cheese	1.09
	Steamed Broccoli and Red Peppers	1.09
	Fried Cabbage	1.09
	Baby Carrot	1.09

## Thursday

Soup:	White Bean, Cabbage & Sausage Soup	1.69
	Chicken & Dumplings Soup (Mindful)	1.69
Entree:	All Natural Blackened Chicken Breast	3.29
	Beef Wellington	3.99
Side Dish:	Roast Yukon Gold Potatoes	1.09
	Grilled Vegetable	1.09
	Braised Kale	1.09
	Wild Rice & Corn Griddled Cakes	1.09
Action Station:	Shrimp Po Boy	4.99

## Friday

Soup:	Broccoli Cordon Bleu Soup	1.69
	Beef Noodle Soup	1.69
Entree:	Grilled Meatloaf	3.29
	Fried Catfish Fillet	4.29
	Crispy Baked Catfish	4.29
Side Dish:	Sauteed Green Beans	1.09
	Chive and Garlic Mashed Potatoes	1.09
	Hush Puppies (Fried)	1.09
	Fried Grit Cake with Red Onion	1.09

## Saturday

Soup:	Old-Fashioned Chicken Noodle Soup	1.69
Entree:	Corned Beef	3.99
Side Dish:	Fried Cabbage	1.09
	Parsley Boiled Potatoes	1.09

## Sunday

Soup:	Western Chili	1.69
Entree:	Wings & Things Bar	6.29